

U N	<b>G o a l</b>	<b>5. Achieve gender equality and empower all women and girls</b>
	<b>T a r g e t</b>	<b>5.6 Ensure universal access to sexual and reproductive health and reproductive rights as agreed in accordance with the Programme of Action of the International Conference on Population and Development and the Beijing Platform for Action and the outcome documents of their review conferences</b>
	<b>I n d i c a t o r</b>	<b>5.6.1 Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care</b>

**I. Global indicator**

<Type 4>

<b>Indicator</b>	Proportion of women aged 15-49 years who make their own informed decisions regarding sexual relations, contraceptive use and reproductive health care
<b>Definition</b>	<p>Proportion of women aged 15-49 years who make their own decision on their own health care, use of contraception, sexual intercourse. Only women who provide a "yes" answer to all three components are considered as women who make their own decisions.</p> <ol style="list-style-type: none"> <li>1) Decisions on their own health care are made based on their own decisions.</li> <li>2) Decisions on the use of contraception are made based on their own decisions.</li> <li>3) Can say no to sexual intercourse with their husband or partner if they do not want.</li> </ol> <p>A woman is considered to have autonomy in reproductive health decision making and to be empowered to exercise their reproductive rights if they (1) decide on health care for themselves, either alone or jointly with their husbands or partners, (2) decide on use or non-use of contraception, either alone or jointly with their husbands or partners; and (3) can say no to sex with their husband/partner if they do not want to.</p> <p>* For questions 1) and 2), a woman is considered to have autonomy in decision-making on sexual intercourse, contraception, and reproductive health when they decide on health care for themselves, contraception, and reproductive health, either alone or jointly with their husbands or partners.</p>
<b>Global indicator link</b>	<p>■ Metadata: <a href="https://unstats.un.org/sdgs/metadata/files/Metadata-05-06-01.pdf">https://unstats.un.org/sdgs/metadata/files/Metadata-05-06-01.pdf</a></p> <p>■ Data: <a href="https://unstats.un.org/sdgs/indicators/database/">https://unstats.un.org/sdgs/indicators/database/</a></p>